



13<sup>TH</sup> Annual

**"TOP GUNS"**

**LACROSSE CAMP 2010**

**DATES:** *Saturday March 27, & Sunday March 28*

**LOCATION:** *Ben Lee Park Lacrosse Box - Kelowna*

**COST:** *\$75.00 – Novice, Peewee, Bantam, Midget (Goalies ½ Price)  
(includes lunch both days and Camp t-shirt)*

**TIME:** *10:00 am – 2:00 pm Daily*

- **LEARN THE FUNDAMENTAL SKILLS AND STRATEGY OF LACROSSE**
- **How to shoot to score \*How to win loose balls, \*How to beat your man**
- **How to check your man, \*How to play as a team! \*Lots of Fun !!**
- **Boys and Girls Welcomed**
- **Full Gear Required**

**CAMP REGISTRAR:** Corinne Almas -250-860-3147

**CAMP MANAGER:** Dan Wray -250-712-1228 Email: [topgunslacrosse@hotmail.com](mailto:topgunslacrosse@hotmail.com)

**HEAD INSTRUCTOR:** Travis Wray – Head Coach Rutland Junior Raiders

**REGISTER EARLY!!!** **\*\* BRING YOUR OWN WATER BOTTLE \*\***

**Check in time: 9:00am Saturday**



NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

BIRTH DATE: \_\_\_\_\_ CARE CARD # \_\_\_\_\_

**ADULT T-SHIRT SIZE:**    small            medium            large            xlarge            (circle one)

**I HAVE:**                    played lacrosse before                    never played lacrosse before                    (circle one)

**SUB ORDERS:**            Vegetarian                    Ham & Cheese                    Chicken                    (circle one)

**For Lunch both days**

**\*\* This form must be completed and returned to the Camp Registrar no later than March 13, 2010**

**Mail Cheques Payable to RAIDERS LACROSSE to:**

**Top Guns Lacrosse Camp  
739 Ace Rd  
Kelowna BC V1X 4C4**